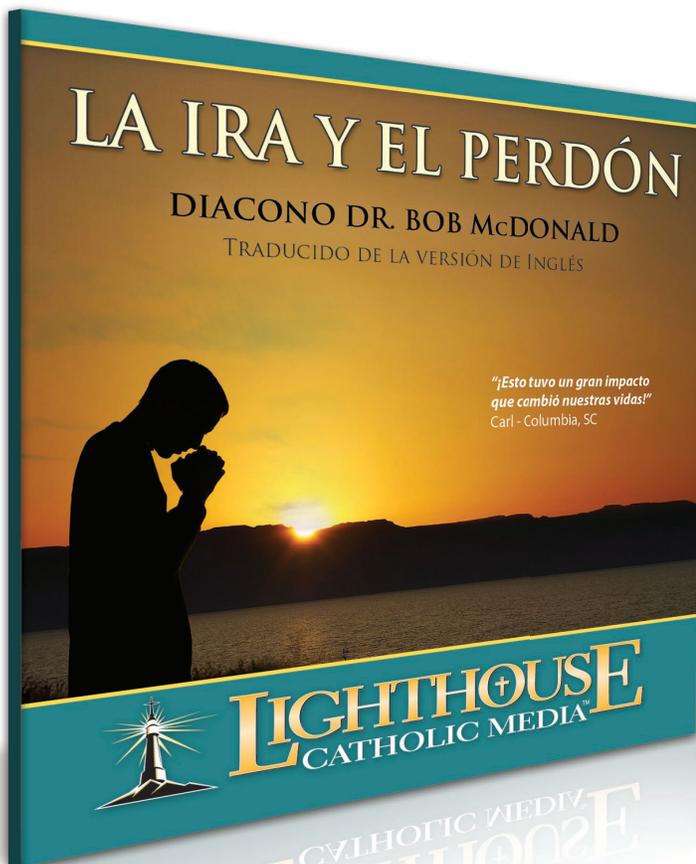


Dynamic New Release

A NEW SPANISH LANGUAGE RELEASE FROM LIGHTHOUSE

LA IRA Y EL PERDÓN (ANGER AND FORGIVENESS)

DIACONO DR. BOB McDONALD *(traducido de la versión Ingles)*



In this translation of the popular Lighthouse talk, Catholic psychotherapist Deacon Dr. Bob McDonald provides hope for anyone trying to overcome or prevent sinful anger and its terrible consequences. Speaking from a wealth of experience, he offers a proven psychological and spiritual prescription for overcoming this common malady that holds so many in bondage and pain. His recommendations prepare the way for healing, forgiveness and freedom.

"This had a life-changing impact on my family and me."
~Carl, Columbia SC

"This CD has changed my life! It has given me a clearer understanding of anger and how we can overcome it."
~Dan, Oakdale CA

"Powerful wisdom for hearts in exile due to lack of forgiveness. A great spiritual prescription!"
~Deb, Leawood KS

"This gave me new techniques to try when I get angry."
~Bernadette, Roanoke VA

"Deacon McDonald not only explained where anger generally stems from, but also gave suggestions on how to counteract the feelings that come into play when we become angry. He gave ideas of how a person can keep from becoming angry in the face of difficult situations."
~Mary, Bonifay FL

"Truly enlightening!"
~Linda, Gillette WY

"This CD spoke volumes to me about my own misunderstanding of anger, how we permit ourselves to be owned by an emotion triggered by fear and our own confidence issues, how all we need is to make a true effort to realize our own strength, how we are in control of our own feelings of anger, and how to make the conscious effort to chose a different path."
~Sherry, Cincinnati OH

"This helped me better understand anger and forgiveness as it applies in my daily life... Something worth listening over and over again. An important subject to share to others!"
~Jesus, Brampton ON



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