



# DISCIPLE<sup>®</sup>

Launching Young Disciples



AUGUSTINE  
INSTITUTE

TRANSFORMING CATHOLICS FOR THE NEW EVANGELIZATION



Jan Tyranowski

2/9/1900 – 3/15/1947

Krakow, Poland

*“Mystically gifted Tailor”*

*“It is not difficult to become a saint.”*

Extraordinary Prayer Life  
inspired by spiritual classics

The Salesians have put  
forward his cause for  
beatification



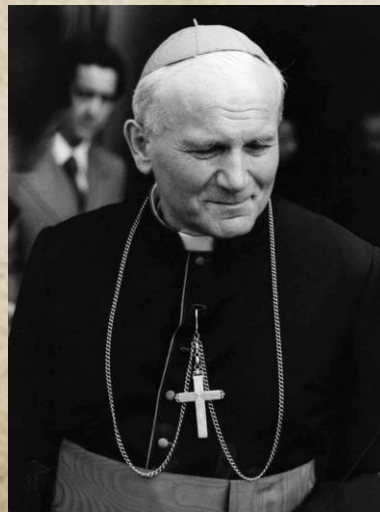
May 23, 1941 - Nazi soldiers invade

Priests removed from parish and Jan was put in charge of religious education of the youth.

Rosary groups – 4 groups of 15 young men led by a peer leader and Jan disciplined the leaders.

10 of these young men became priests

First ordained – Nov 1, 1946





*“Jan’s influence was gigantic. I can safely say that if it wasn’t for him neither Wojtyla nor I would have become priests.”*

**Monsignor Mieczeslaw Malinski**

*His way of life “proved that one could not only inquire about God but that one could live with God.” JPII*



“One way of renewing parishes, especially urgent for parishes in large cities, might be to consider the parish as a community of communities and movements...to form ecclesial communities and groups of a size that allows for true human relationships...”  
(Pope John Paul II The Church in America, January 22, 1999)

YDisciple’s small group format allows for true human relationships.

**Are our teenagers leaving their  
home life and parish life as  
disciples of Jesus Christ?**

80% of college students stop  
attending Mass weekly

Only 30% of Americans who  
were raised Catholic are still  
practicing



# The Driving Needs of Adolescents

- The Need to be Understood
- The Need to Belong
- The Need to be Transparent
- The Need to Engage in Critical Thinking around Beliefs
- The Need for Guidance



# Disciples grow in Spiritual Disciplines

## The h.a.b.i.t.s of the saints...

H – holy hour

A - accountability

B – bible

I – invest in your parish

T – tell others about your faith

S - sacraments





**YDisciple is a web-based presentation of the faith through a dynamic video curriculum ...**

delivered in the context of small group faith sharing...

## Small Group Session Format

**Connect** – exercises to connect with God and one another

**Discuss** – video presentations and well crafted discussion questions

**Commit** – accountability, commitment to growth and closing prayer



facilitated by well-trained, faithful adults...



# and providing support to parents in their role as primary educators in the faith.



## PARENT SHEET

True Strength

### Strength and Discipline

Parents, we invite you to use this overview to continue the conversation that we started this week with your teen. And we encourage you to respond to the questions as well, so your teen can see that God is working through you also.

#### What We're Talking About

The culture bombards men with counterfeit messages of love and sexuality. However, the Church asserts chastity as a virtue that trains and frees men to love in an authentic way. Chastity is not repressive or motivated by fear. It enables men to love in a selfless way...to love like Christ. He is our model and guide to truly masculine strength and discipline.

In this study, we covered why only the chaste man is truly capable of love. We discussed some essential elements of chastity, such as relearning how to look at women and the importance of contact with authentic examples of masculinity. Additionally, we presented a 10-point game plan for living a pure life.

#### Make the Connection

Here are some conversation starters for this week. Remember to share your perspectives as well.

- What are some counterfeit messages the culture gives men about sexuality?
- Do you think men are really afraid of giving? In your understanding, what are the characteristics of authentic manhood?
- How have you learned to deal with the temptations of looking at beautiful women? Have you ever used gratitude and intercession to counteract these temptations?
- Do you have an example of authentic manhood in your life? Why is that man an inspiration for you?

#### Q<sup>2</sup>: Quotes and Questions

*"Chastity is a difficult, long-term matter; one must wait patiently for it to bear fruit, for the happiness of loving kindness which it must bring. But at the same time, chastity is the sure way to happiness." —Blessed Pope John Paul II*



**YDisciple is a web-based presentation of the faith through a dynamic video curriculum, delivered in the context of small group faith sharing, facilitated by well-trained faithful adults and providing support to parents in their role as primary educators in the faith.**





YDisciple Subscriber Resources

## SMALL GROUP DISCIPLESHIP FOR TEENS

