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Discover the hidden truths about the great spiritual beauty, power, and depth of Confession.

n this compelling and timely book, best-selling author Vinny Flynn presents what to many will be a whole new way of going to confession, and invites you to begin an exciting personal journey to healing and holiness. If you do not yet look forward to confession in the same way you look forward to Communion, read on. It will change your life.

"Vinny Flynn has written a deeply insightful and practical book. I warmly recommend it, not only to regular penitents, but especially to those who, for whatever reason, haven't been to confession in a long time—and who are looking for reasons to return."

Most Rev. William E. Lori, Archbishop of Baltimore

"Simple and clear, yet profound, this is a book which should be found in every Catholic home and on the book shelf of every confessor and director of souls."

Fr. Peter Damian Fehlner, STD Author, St. Maximilian Kolbe: Martyr of Charity "I used to cringe at the thought of going to confession yet again to repeat my laundry list of sins. Now, after reading 7 Secrets of Confession, I can't wait to go—again and again. What a gift! Thank you, Vinny Flynn."

David Came, Executive Editor, Marian Press

David Came, Executive Editor, Marian Press Author, Pope Benedict's Divine Mercy Mandate

"Vinny Flynn's book has done for me in 180 pages what I was unable to do for myself in nine years of studying the Catholic Faith as an adult convert. Through the grace of God, he's made me eager to participate in a Sacrament that I once dreaded."

Jeremy, Parishioner in San Diego, CA



Vinny Flynn is the best-selling author of 7 Secrets of the Eucharist, 21 Ways to Worship, and 7 Secrets of Divine Mercy. He is also a gifted musician and a popular speaker for parish programs, conferences, and retreats.

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